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**Nothing for them
without them.**

BREAKING BARRIERS AND BUILDING BRIDGES (B4)

(2020-1-ES01-KA204-081996)



**Strengthening active
citizenship competences and
civic engagement skills among
young adults with intellectual
disabilities**

Our objectives

The B4 project has four objectives:

1. to enable young adults with intellectual disabilities in acquiring and developing key competences and skills to strengthen their civic engagement in the European democratic life
2. to improve isolation of young adults with intellectual disabilities so they can take an active role in society
3. to train trainers and staff members on how to promote active citizenship and civic engagement of young adults with intellectual disabilities
4. to develop an international network to promote lifelong learning and to improve the quality of life and effectiveness of citizenship experiences of young adults with intellectual disabilities.

Our team

The B4 team includes a university, three NGOs or non-profit organizations, two foundations and a social cooperative that promote equal rights and high quality of life for persons with intellectual disabilities. There are seven partners from five different countries:

University of Pablo Olavide (Spain)

Rytmus - od klienta k občanovi, z.ú.
(Czech Republic)

Sevilla Down (Spain)

Croatian Down Syndrome Association
(Croatia)

Hungarian Down Foundation (Hungary)

Fundación PRODIS (Spain)

Il sogno di una cosa – ONLUS (Italy)



Our results

FOUR MAIN INTELLECTUAL PRODUCTS:

- **IO1.** Database on global citizenship and civic engagement among young adults with intellectual disabilities for EU associations/organizations with material, good practices, activities and resources.
- **IO2.** Handbook for staff members and trainers on global citizenship and civic engagement among young adults with intellectual disabilities.
- **IO3.** Platform of the blended training for staff members and trainers: Methodology and Contents.
- **IO4.** Toolkit for young adults with intellectual disabilities on global citizenship and civic engagement among young adults with intellectual disabilities.

TWO TRAINING AND LEARNING ACTIVITIES:

Short-term joint staff training events - a blended comprehensive training activity for staff members and trainers on global citizenship and civic engagement among young adults with intellectual disabilities.

Blended mobility of adult learners - an international workshop for young adults with intellectual disabilities on global citizenship and civic engagement.